

# Waukee Youth Wrestling

[www.waukeewrestling.org](http://www.waukeewrestling.org)

## 2011 – 2012 Wrestling Season Information

### **PARENT MEETING:**

Please attend the parent meeting to learn more about protocol, attire, tournament expectations, coaching staff responsibilities, emergency procedures, expectations of wrestlers and parents, use of funding, etc. We will also use this time to answer your questions.

*Tuesday, October 18th at 6:00 pm  
Waukee High School Wrestling Room*

### **ADVANCED WRESTLERS:**

High intensity and focus are a must for this group! The goal of these practices is to perfect technique and teach proper drilling to raise our ability and competitive edge to be ready for the next level of competition. Wrestlers are recommended to attend the WYW advanced practice, as well as a 2<sup>nd</sup> practice during the week at the Intermediate practice or with another Club program. These wrestlers will be encouraged to wrestle at the multiple local and statewide tournaments during the course of the season.

*Dates: Tuesdays, 6:00 – 7:30 pm at the High School until Intermediate practices begin..then at PV*

*Coaching: Waukee High School wrestling coaches*

*Cost: \$40/month*

*\* team t-shirt and shorts included with each entry fee*

*Questions? Please contact Chad Vollmecke at #515.321.2444 or via email: [cvollmecke.waukee.k12.ia.us](mailto:cvollmecke.waukee.k12.ia.us)*

---

### **\*\*\*\* ADVANCED WRESTLING SEASON KICK-OFF CLINIC \*\*\*\***

**Tuesday, October 18th  
6:00 – 7:30 pm  
High School Wrestling Room**

#### **Kick-off Clinic Staff**

Chad Vollmecke, Varsity Head Coach  
Chas Funaro, Varsity Assistant

---

Wrestlers Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade \_\_\_\_\_ Shirt Size: (please circle) YS YM YL AS AM AL AXL AXXL

Parents name: \_\_\_\_\_ phone #(s): \_\_\_\_\_

Emergency contact name and phone #: \_\_\_\_\_

Email address: \_\_\_\_\_

Home address: \_\_\_\_\_

If you are unable to attend the parent meeting, please mail sign-ups to: Chad Vollmecke, 895 4<sup>th</sup> Street, Waukee, IA 50263

**Checks Payable: Waukee Youth Wrestling**